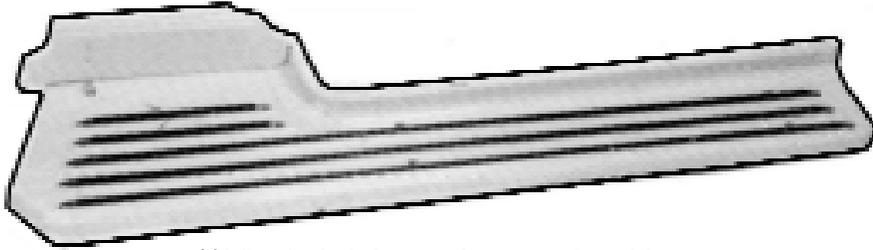


CUSTOM RUNNER KIT

#@\$!*@#\$\$% INSTRUCTIONS
MID FIFTY F-100 PARTS 1-800-252-1956

PART NUMBERS
90315-B
90315-C
 PAGE NUMBER
 1 OF 1



***Vinyl shrinks and expands with temperature*

Kit includes:

- 6.....Aluminum strips
- 34'...Vinyl insert, approximately
- 20....Pointed tip ends
- Screws, about 50
- If using step plates, Order #80316 Stub (flat nose) End kit

ALUMINUM SHAFTS:

The aluminum shafts are intended to go on the ribs of the board. Our measurements are what we normally use, you may want the runners to be closer or farther away from the ends of the ribs. Assemble an end and a piece of aluminum shaft and lay on running board to determine how you prefer it.

Cut the long pieces from the aluminum shafts first, there are 6 long pieces needed.

See drawing, if using our measurements you will have 2..58", 2..57" and 2..56" pieces, the shorter pieces can then be taken from the remainder.

Smooth the edges, assemble with ends, lay out on running boards and check everything.

Attach to running board. Screws are included with kit but you may prefer rivets, they can even be secured with double sided tape, use emblem mounting tape. A #42 rivet is good with a 1/8" drill bit. #4 screws use 3/32" bit.

VINYL INSERT:

Make sure the vinyl is warm, soak in hot water or lay in sun. vinyl shrinks and expands with temperature. Measure the amounts you need first. The outline we show is only a guide, measure and check outline.

Start with the smaller pieces to get a feel for pushing the vinyl into the strip.

Insert the first few inches in the shaft by "popping" it into place.

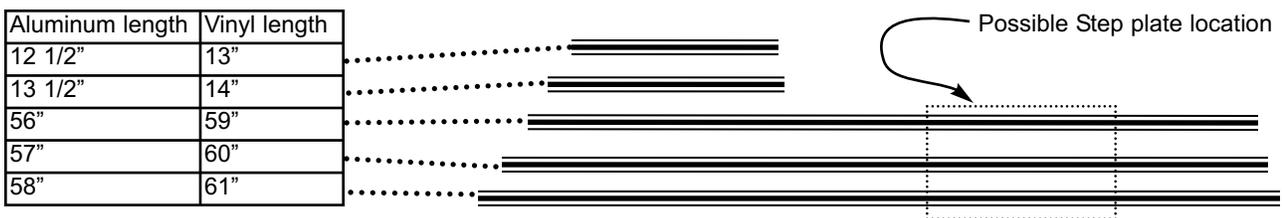
Lubricate the tip of the shaft with a light motor oil, silicone spray or cooking oil spray, it is easier to lubricate the aluminum instead of the vinyl as you are going to be pushing the vinyl. Make sure the end of the aluminum shaft is clean & smooth on the inside without burrs, so the vinyl will slide in smoothly.

Pack the vinyl in every foot or so, Remember the vinyl will shrink with temperature changes, more is better. There is plenty of vinyl, you do not want it to shrink away from the end.

STEP PLATES:

If you are using step plates there are special stub (flat nosed) ends to butt up next to the step plate. Ordered separately, not included in kit.

Most people put the step plate under the door, but some like it at the bed area.



121503

Pieces each board	F-100	F-250	F-350
2	12.5	21	33
2	13.5	22	34
2	56	64	76
2	57	65	77
2	58	66	78

Approximate lengths of aluminum for Long Bed Running Boards. Suggested lengths only.